

ONE IMMERSION. TWO PATHWAYS FORWARD.

Graduation marks what you will complete. **This immersion helps shape and open doors for the nurse you will become.**

H2S

Help2Serve.Care

Meaningful service, deeper learning, cultural immersion and purposeful career preparation.



One immersion. Two pathways forward.

Prepare with Purpose — Track One

BEFORE THE NCLEX-RN

For participants engaging in transition-to-practice preparation combined with NCLEX-RN preparation during the immersion.

Step Into What's Next — Track Two

AFTER THE NCLEX-RN

For participants joining after their planned NCLEX test date, with a focus on transition to practice.

Move from nursing graduate toward professional nurse through meaningful service, deeper learning, cultural immersion and purposeful career preparation.

Note: Participants may change tracks at any time before departure.



PREPARE WITH PURPOSE — TRACK ONE (30 HOURS OF INSTRUCTOR-LED TEST PREPARATION GUIDANCE + 30 HOURS OF INSTRUCTOR-LED TRANSITION-TO-PRACTICE PREPARATION)

Keep preparing. Broaden your perspective.

Structured NCLEX review

Nursing knowledge, clinical judgment and the reasoning behind an answer.

A dedicated learning schedule

Guided question practice alongside service-learning and reflection.

Build more than your résumé. Build your direction.

Throughout the immersion, guided transition-to-practice discussions help you turn your experience into a stronger professional story.

Your résumé

Document international service, leadership, cultural learning and professional development.

Your first nursing position

Prepare to discuss your experience in interviews and pursue positions aligned with your goals.

Nurse residency programs

Strengthen how you present your readiness, reflection, adaptability and commitment to service.

Graduate education

Explore future pathways and articulate how the experience supports your long-term professional direction.

Graduation marks what you will complete. This immersion helps you shape the nurse you will become.

Participation may strengthen professional preparation and candidacy but does not guarantee admission to a graduate or residency program, employment, licensure or any specific career outcome.

STEP INTO WHAT'S NEXT — TRACK TWO (60 HOURS OF INSTRUCTOR-LED TRANSITION-TO-PRACTICE PREPARATION)

Build more than your résumé. Build your direction.

Throughout the immersion, guided transition-to-practice discussions help you turn your experience into a stronger professional story.

Your résumé	Your first nursing position	Nurse residency programs	Graduate education
Document international service, leadership, cultural learning and professional development.	Prepare to discuss your experience in interviews and pursue positions aligned with your goals.	Strengthen how you present your readiness, reflection, adaptability and commitment to service.	Explore future pathways and articulate how the experience supports your long-term professional direction.

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BOTH TRACKS:

Let purpose shape the nurse you become.

Turn graduation into a meaningful transition.

Early practice

Explore the transition
into professional nursing.

Career direction

Reflect on residency plans,
interests and next steps.

Shared experience

Serve and connect with peers
who care about nursing.



TRANSITION-TO-PRACTICE OUTCOMES

Your Next Step Becomes Part of the Learning

The immersion includes guided preparation for:

- Your first professional nursing position
- Nurse residency applications
- Graduate education
- Résumé and interview development
- Professional identity and leadership
- A personalized transition-to-practice plan

Graduation marks what you will complete. This immersion helps you shape the nurse you will become.

NATIONALLY INFORMED PREPARATION

National Competencies. Personal Evidence.

The curriculum is informed by nationally recognized nursing frameworks addressing:

- Clinical judgment
- Person-centered care
- Population health
- Evidence and improvement
- Safety and teamwork
- Ethics and professionalism
- Systems awareness
- Leadership and professional growth

Participants develop documented evidence of learning for their professional portfolios.

Framework connections do not constitute accreditation, endorsement, academic credit, licensure, residency recognition, or employment assurance.

APPLY EARLY

Apply Early. Plan with Clarity.

Officially accepted participants receive:

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- Confirmed cohort, dates, destination, and pathway
 - Defined immersion objectives and expected outcomes
 - Planned service-learning activities and anticipated hours
 - Transition-to-Practice Syllabus or NCLEX-RN Preparation Map
 - Completion and professional-portfolio requirements
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Published cohorts are limited to 25 participants.

Apply or submit a no-commitment inquiry at [Help2Serve.Care](https://help2serve.care).

Official acceptance refers to acceptance into the designated Help2Serve.Care immersion. It does not constitute academic admission, institutional sponsorship, academic credit, clinical-placement approval, employment, licensure, or acceptance into a nurse residency or graduate program.

DOCUMENT WHAT YOU COMPLETED

Return with More Than Memories

Participants who successfully complete the requirements receive:

- Certificate of Completion
- Verified service-learning hours
- Participant Learning and Professional Development Record
- Completed professional portfolio components
- Individual transition-to-practice plan

Completion documentation reflects hours actually completed and verified.



Service begins with local priorities

Learn from the people who know the community. Contribute within a role that has a clear purpose.

Local partners guide the work.

Community service

Contribute to activities identified with community partners.

Health education

Participate within agreed roles and appropriate oversight.

Clinical observation

Observe care and reflect on context, ethics and practice.



EXPERIENCED NURSING EDUCATION

Jason T. Speaks

PhD, FNP-C, RN

Nurse practitioner, nursing educator and returned Peace Corps volunteer

Nearly two decades

in nursing education, academic leadership & mentoring

12+ years • 12,000+ patients

as a practicing Family Nurse Practitioner

15+ years

teaching and supporting NCLEX-RN preparation as a nursing professor and Kaplan NCLEX-RN educator

20+ years

leading students and programs in global health & international service-learning

Bringing nursing education, clinical practice, NCLEX preparation, and global health together to help graduates move confidently from student to professional nurse. Kaplan does not sponsor or endorse this program.

ACCOMPANIED THROUGHOUT

A Nurse Practitioner Alongside You

Participants are accompanied by a U.S.-licensed Nurse Practitioner embedded throughout the experience:

- Guides discussion, reflection, and experiential learning
- Works in real-world health settings alongside local health professionals
- Helps participants build a 360° perspective on global health
- Professional practice and culturally responsive care

Health-Focused Immersion Standard: All Help2Serve.Care health-focused immersions are accompanied by a U.S.-licensed physician (MD/DO), Physician Assistant (PA), or Nurse Practitioner (NP).



Time for service. Room to explore.

14

DAYS OF SERVICE-LEARNING

Local service, nursing learning,
guided reflection and peer connection.

+7

OPTIONAL DAYS OF EXPLORATION

Guided cultural exploration
after either pathway.

Dominican Republic, Costa Rica or Belize. Availability varies by cohort.





A professional story you can carry forward

Documented participation

A Certificate of Completion and Verified Service–Learning Hours.

Professional reflection

Connect what you learned to the nurse you want to become.

A next step

Continue your study plan or clarify your transition into practice.

A lasting perspective

Carry what you learn into your first years as a nurse and throughout your career.





A supported experience with clear expectations

Before departure

Orientation and practical guidance. Review dates, cost and the learning plan.

During the program

Local teams, coordinated program arrangements and 24/7 in-country support.

Shared responsibilities

Required medical and evacuation insurance, defined roles and conduct.

Families can ask for the departure-specific support and emergency arrangements.



FOR NURSING FACULTY

Learning with a community purpose

Local priorities

Partners help define projects, roles and participant contributions.

Learning objectives

Connect health context, cultural humility and professional responsibility.

Evidence of learning

Guided reflection and documented participation within defined roles.

Sharing, sponsorship and academic recognition follow each institution's policies.



Bring your people. Or meet them here.

Join individually

Explore an available cohort
with fellow graduates.

Come with classmates

Bring a few peers and
share the experience.

Build a group

Ask about a custom cohort
that fits your calendar.

Documented student leadership may qualify for program-cost support
and eligible economy airfare under published criteria.



STUDENT LEADERSHIP RECOGNITION

Lead Your Graduating Class

One graduation. One cohort. A leadership opportunity that can outlast both.

- **1–2 formal Graduating Cohort Leaders per graduating class**
- Qualified leaders may earn up to full travel + 21-day immersion support, based on qualifying participation and program criteria.

Graduating Cohort Leader

Lead the opportunity for your graduating class.

Continuing Cohort Leader

Carry it forward for the class that follows.

Leadership responsibilities are pre-departure only. No in-country clinical, supervisory, or operational responsibilities.

Explore the Leadership Program →

Your graduation. Your next step in nursing.

Ask about your graduation cohort

Tell us your graduation month, exam timing and destination interests. Ask about the learning schedule, availability and total cost.

info@help2serve.care



HELP2SERVE.CARE

NCLEX results are not guaranteed. No NCSBN or Kaplan affiliation or endorsement.