Continuing Cohort Leader Guide

Bring your peers together. Lead with purpose. Grow through global service.

Continuing Cohort Leader — Class of [Year]: a nursing student who remains enrolled after the Graduating Cohort Leader graduates, carries the program forward, and transitions into the Graduating Cohort Leader role when eligible.

Graduating Cohort Leader — Class of [Year]: a nursing student in the program's next graduating class.

Note: Cohort Leader responsibilities are pre-departure only. No in-country, supervisory, clinical, operational, or post-departure duties are required.

Start with what connects your classmates: an interest in service, curiosity about global health and the nursing careers ahead. A Campus Ambassador or Campus Club Founder helps that interest become a community with time to learn, plan and make informed choices.

Choose the role that fits your campus

CAMPUS AMBASSADOR	CAMPUS CLUB FOUNDER
Build peer connections through existing student networks. Share resources and help arrange conversations with Help2Serve.Care.	Build a continuing student group, following campus recognition procedures. Invite peers to share leadership and plan activities across academic years.
Useful when you want a focused individual role.	Useful when students want an ongoing organization.

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What you are introducing

The International Transition-to-Practice Nursing Service Immersion offers 14 days of international service-learning in available cohorts in the Dominican Republic, Costa Rica or Belize. Prepare with Purpose supports graduates before the NCLEX-RN; Step Into What's Next focuses on the professional transition after it. Both may include an optional seven-day cultural exploration afterward.

A suggested semester plan

STAGE	A PRACTICAL ACTIVITY
Start	Meet the program team and understand the two tracks, current support criteria and your campus requirements.
Connect	Invite classmates to an information session. Include questions about timing, affordability and ethical service.
Build	Organize a peer discussion or local service activity with an appropriate community partner. Keep international travel optional.
Continue	Review what students learned, plan the next term with another leader, and make a clear handoff record.

Support you can request

Ask Help2Serve.Care for approved materials, leadership onboarding, fundraising resources and help hosting an information session. The team handles eligibility, applications, payments, destination planning and program operations.

Leadership with substance

Sustained engagement is more useful than repeated promotional posts. Give students a place to ask thoughtful questions, discuss local priorities and consider whether international service fits their own goals.

- Share accurate information and invite questions without pressure.
- Coordinate with a nursing organization or faculty contact when permitted.

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- Create opportunities to learn about cultural humility and responsible service.
- Involve other students in planning, so the group can continue beyond one person.

Recognition and program-cost support

Your leadership can help support your own immersion. In recognition of meaningful student leadership and contribution to cohort development, eligible student leaders may receive full Phase One program-cost coverage, and a leadership honorarium, and thus also eligible round-trip economy airfare. Cohort Leaders are recognised as distinguished volunteer leaders up until departure. In the host country a Cohort Leader is a participant like every other, with the same benefits and no host-country responsibilities.

Level One — Contributor

Peer outreach, awareness-building & early cohort development. Documented leadership record.

- Introduce peers to the opportunity and help answer questions
- Support information sessions and campus conversations
- Contribute to the development of an emerging cohort

Verified service and leadership hours, plus a letter of recognition for your file.

Level Two — Level Leadership

Sustained peer leadership and cohort development. Tiered Phase One program-cost support — Tier One.

- Everything in Level One, sustained across a recruitment and preparation cycle
- Coordinate peer engagement with faculty, student organizations, Ambassadors, or other campus leaders
- Help maintain communication and momentum as the cohort develops
- Qualifying cohort milestones of 5, 10, or 15 participants determine the level of program-cost support
- Coverage for your Phase One Service-Learning Immersion — includes program fees, lodging, in-country transportation, scheduled activities and participant meals.

Adds a written reference and portfolio-ready documentation of your leadership.

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Level Three — Level Leadership

Sustained campus leadership that brings a full cohort together. Full Phase One program-cost coverage + Honorarium — Tier Two.

- Everything in Level Two
- Establish or sustain a Campus Club, lead an Ambassador team, or otherwise take a substantial campus leadership role
- Demonstrate sustained peer engagement and cohort development across the cycle
- A qualifying cohort of at least 20 participants is required for full program-cost coverage
- At the full qualifying cohort level + level three leadership — leadership at this level is recognized with an honorarium and thus eligibility for covered round-trip economy airfare, subject to program terms and travel limits.

Adds Founding Student Leader standing with Help2Serve.Care.

The minimum cohort of 20 participants may be developed collectively. Cohort Leaders, Student Ambassadors, Campus Club Leaders, faculty, and other approved campus partners may all contribute to the development of the same cohort. Individual student leaders are not required to independently generate the minimum cohort of 20 participants.

Program-cost awards recognize this broader leadership contribution and are not represented as payment for individual student referrals. All awards and travel benefits are subject to Help2Serve.Care eligibility requirements, applicable program terms, and any relevant policies or approvals of the student's institution.

Documented campus leadership and contribution to a qualifying cohort may qualify for partial or full Phase One support and eligible economy airfare, according to published criteria. Cohort milestones of 5, 10, 15 and at least 20 participants help determine support, together with the required leadership level. Multiple leaders can contribute to the same cohort.

Keep an activity log and request a written explanation of your eligibility. Full support is not automatic for forming a club or reaching a participant count. Optional cultural exploration is outside the Phase One award. See the Graduating Cohort Leader Guide for the participation milestones and Help2Serve.Care/ambassadors for current terms.

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Invite a successor who wants the role

> *"I'd like to invite you to help continue our service community next year. The role involves bringing students together, sharing accurate program information and coordinating activities with the team. Could we meet to discuss what interests you and how we could share the responsibility?"*

Respect the role and the campus

Follow campus rules for clubs, events, outreach and use of the school name. Use opt-in communication and send participants directly to Help2Serve.Care for applications and private questions. A student leadership role does not confer institutional authority or clinical supervision responsibilities.

Start the conversation



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Tell us your school, current year and whether an Ambassador role or Campus Club fits your interests.

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